



# The Guardian

Estate and Gift Planning Ideas • Spring 2010

## Caring for Children for 140 Years



What do 1929, 1963, and 2001 all have in common? In each of those important years for our nation, and all the years in between, Children's National Medical Center has been here, treating the children of our area. Founded in 1870 with the mission of treating orphaned children from the Civil War, what was then known as Children's Hospital has grown from 12 beds to 283. Our comprehensive medical center includes a nursing education program, a blood bank, a research institute, and much more. We are now the largest provider of pediatric care in the Washington region.

Today, Children's National is a proven leader in developing and providing innovative new treatments for childhood illness and injury. Patients from around the region, nation, and world seek the care of Children's National's internationally recognized team of pediatric healthcare professionals.

The current economic situation impacts the ability of many families to pay for our services. Still, we honor our commitment to children—to provide world-class care, regardless of the family's financial situation. Your continuing generosity helps ensure we can continue our mission for the next 140 years.

Thank you for all you have done and continue to do to ensure that preeminent health care, as well as the benefits of cutting-edge research, are provided to all children, now and in the future.



### In This Issue...

- Meet Jane Donaghy
- Gift Annuities—"A good place to put your money."
- An Independent Life



## The Guardian Society

The Guardian Society recognizes the very special people who have included Children's Hospital Foundation in their wills or other estate gifts. Through their forethought and generosity, they ensure world-class care, advocacy, research, and education at Children's National through a lasting legacy.

To learn more about making a legacy gift to Children's National and how to become a member of The Guardian Society, please call toll free at (866) 458-0686 or email us at [guardiansoc@cnmc.org](mailto:guardiansoc@cnmc.org).

**Our Tax ID number is 52-1640402.**

Contact Rita S. Corwin,  
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## Leaving Nothing to Chance

One day after her 78th birthday, Jane Perkins Donaghy undertook her first parachute jump—off a cliff in New Zealand. Since then, she has parasailed and jumped from a plane at 13,650 feet—most recently at age 90!

Taking risks may be something Mrs. Donaghy does in her free time, but one thing she doesn't leave to chance is having an updated estate plan in place. "Having a will is very important in life," she says, having experienced firsthand the problems that can occur when a close friend or family member dies without a will.

Born in Washington state, Mrs. Donaghy moved to the DC area in her late teens when her mother received a government appointment. Following in her mother's footsteps, Mrs. Donaghy also worked in the office of the Secretary of the Treasury. She was hired at an entry-level position and worked her way up to management analyst until her retirement 30 years later, in the mid-1970s.

While she never had children of her own, she is very close to her stepson and stepdaughter and her four grandchildren.

Mrs. Donaghy has always been keenly aware of the important services provided by charitable organizations. "We have a lot of needs in our country that we're



Mrs. Jane Donaghy and Suzie

not meeting." She supports a number of charities, but perhaps closest to her heart are those that serve children.

Almost six decades ago, she became aware of the critical services provided by Children's National. Since then, Mrs. Donaghy became an annual supporter and also included Children's National in her will. Recently she also established a charitable gift annuity with Children's National.

"I've had experience with charitable gift annuities before and know how wonderful it is to be able to make a charitable gift and receive income. I'm happy to know that my annual support is helping children now, and through my bequest and charitable gift annuity, I will continue to help them in the future."



Mrs. Jane Donaghy, age 90, parachuting from a plane at 13,650 feet!

# The Next Step in Your Financial Security

In today's challenging economic environment, many wonder how they can continue their support of Children's National without jeopardizing their own, or their family's, financial security. Few alternatives exist for those who would like more spendable income from their assets.

Fortunately, there is a way to enjoy increased income while also making a meaningful charitable gift. With a **charitable gift annuity**, it is possible to make a future gift to Children's National while providing supplemental income for life to you and/or a loved one or friend. It's a simple process: you make a gift of cash or other appropriate assets in a way that allows you to retain dependable payments for life.

Mrs. Jane Donaghy (see page 2) established such a plan with Children's National and is very happy with her decision. As she says, "It's a good place to put your money. Children's National is a worthy organization and it can't make you feel anything but good to give."

## Additional benefits

In addition to supplementing your or a loved one's income for life, charitable gift annuities offer a number of other benefits:

- A federal income tax deduction is available for a portion of your gift.
- Part of each payment is free from federal income tax for a period of time.
- If you give appreciated property, such as stocks, to fund your gift annuity, capital gains tax can be reduced and/or delayed.
- Assets used to fund a gift annuity are typically removed from your taxable estate.
- Gift annuity payments can be taxed more favorably than many other sources of income.

## Complement existing plans

The benefits from charitable gift annuities have proven to be excellent additions to the long-range financial plans of many of our friends. Please call us or return the enclosed card for a customized illustration based on your birth date. There is no obligation and all information is confidential. Perhaps a Children's National gift annuity can be a happy decision for you, as it was for Jane Donaghy.

## Gift Annuity Payment Rates

<i>Selected Rates for One Person</i>		<i>Selected Rates for Two Persons of the Same Age</i>	
<b>Age</b>	<b>Rate</b>	<b>Ages</b>	<b>Rate</b>
90+	9.5%	90/90	8.3%
85	8.1	85/85	7.0
80	7.1	80/80	6.1
75	6.3	75/75	5.6
70	5.7	70/70	5.2

*For illustrative purposes only. Please contact us for current benefits and rates for other ages.*



The purpose of this publication is to provide general gift, estate, and financial planning information. It is not intended as legal, accounting, or other professional advice. For assistance in planning charitable gifts with tax and other financial implications, the services of appropriate advisors should be obtained. Consult an attorney for advice if your plans require revision of a will or other legal document. Deductions vary based on applicable federal discount rates, which can change on a monthly basis. Some opportunities may not be available in all states. ©MMX RFSCO, Inc. All Rights Reserved. NAXX-10



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## Children's Hospital Foundation

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Children's Hospital Foundation, a 501(c)(3) organization, serves as our fundraising arm. Individual donors, corporations, and community organizations help Children's National doctors, nurses, and researchers transform children's health in the Washington area, across the country, and around the world.



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# An Independent Life, Thanks to Children's National

Jessica Gregory was born with spina bifida. She was immediately transferred to Children's National where surgeons closed a hole in her spinal cord.

Because her feet were twisted, she had to wear braces. Her parents were told she might have to wear them for the rest of her life. Doctors also said she would have bladder and intestinal problems.

When she was 3½ years old, her doctors suggested that she take ballet or martial arts classes to help with balance and coordination. Since she couldn't point her toes, Jessica began taking martial arts classes.

"If Children's National had not encouraged us to enroll her in this program, Jessica would not have the success she has today," according to her parents. "She still can't point her toes, but she can do a front



Jessica Gregory

snap kick and a step-up side kick with the balance of a ballerina."

Thanks to the excellent care she received at Children's National, Jessica is now fully independent and does not have to rely on her parents or doctors to live a normal life.

**"She attends regular school and has achieved her green belt in Kung Fu. She continues to amaze us and her doctors."**

—Sheila Gregory, mother

## Children's National Awarded Magnet® Recognition for Excellence in Nursing Care

Children's National has received Magnet recognition from the American Nurses Credentialing Center (ANCC). Magnet status is one of the highest levels of recognition for nursing excellence that a medical center can achieve.



Only 5 percent of hospitals across the country have achieved Magnet status. Of those hospitals, an even smaller percentage is pediatric hospitals, putting Children's National among a very elite group of health care facilities nationwide. This status is truly a testament to the teamwork, commitment, and dedication of our entire world-class team.